

2022-2023

HEALTHY  
MEALS



# Mountainside School District

## Lunch

<b>Student Lunch</b>	\$3.50	<b>Adult Lunch</b>	\$5.00
<b>Student Entrée Only</b>	\$2.75	<b>Reduced Lunch</b>	\$0.00
<b>Extra Entrée with Lunch</b>	\$2.00		

## Beverages

<b>Milk</b>	\$0.75	<b>100% Juice 4 oz.</b>	\$0.75
<b>Bottled Water 8 oz/16 oz</b>	\$1.00/\$1.50	<b>Capri Sun</b>	\$1.00
<b>Sparkling Fruit Juice</b>	\$1.50		

## A-la-Carte Snacks

<b>Fresh or Chilled Fruit Small</b>	\$1.00	<b>Pop-Tart</b>	\$1.00
<b>Vegetable Side</b>	\$1.00	<b>Soft Pretzel</b>	\$1.50
<b>Yogurt</b>	\$1.00	<b>Small Fresh Baked Cookie</b>	\$0.75
<b>Small Side Salad</b>	\$2.50	<b>Large Fresh Baked Cookie</b>	\$1.25
<b>Fruit Snacks</b>	\$1.00	<b>Small Ice Cream</b>	\$1.25
<b>Baked Chips</b>	\$1.25	<b>Large Ice Cream</b>	\$1.50
<b>Rice Krispie Treat</b>	\$1.50	<b>Yogurt Parfait</b>	\$2.50



"MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER."

### QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschios' registered dietitians.

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Healthy meals grow

*healthy kids!*