

# 2025 HIGHLANDER GIRLS BASKETBALL CAMP

JULY 14TH-17TH • 9AM-12PM • @ GOVERNOR LIVINGSTON HS • GIRLS ENTERING GRADES 2-9

## CAMP DIRECTOR:

**Coach Chris Eckert**  
**NJ.COM 2020 Union County Coach of Year**

**Head Girls Basketball Coach, GLHS**

Coach Eckert attended Rutgers University and studied Exercise Science & Sports Management. He is certified through the National Academy of Sports Medicine as a Sports Trainer. He is currently a health and phys. ed. teacher at Governor Livingston HS. This was Coach Eckert's 8th year as the Highlanders' head coach.

**For more information contact Coach Eckert at:**  
[eckertathletics@gmail.com](mailto:eckertathletics@gmail.com)



## TUITION:

**\$225 per player**  
**\$200 each additional sibling**

**Make Checks Payable to:**  
Eckert Athletics LLC

**Mail Checks to:**  
Eckert Athletics LLC  
1 Oak Lane  
Cranford NJ 07016

## CAMP AGENDA:

The primary objective of the camp is to teach all of the fundamental skills necessary to improve as a basketball player in a fun-filled environment.

### The Daily Schedule will include:

Proper stretching techniques ■ Fundamental drill stations ■ Game play ■ Individual competition and drills ■ Contests ■ Special game situations ■ Working with the current varsity players



## SNACKS:

**Players should bring a snack every day.**

**Snacks and beverages will also be available throughout the week for purchase.**

\*New this year: Brand new state of the art top basketball shooting gun

**All sign-ups should be completed via the Google Form below.**

**[CLICK HERE TO REGISTER](#)**