

LEARN HOW TO COOK, CRAFT, SEW, AND MORE WITH UNION COUNTY'S 4-H CLUBS

Union County, NJ – August 30th, 2024- The Rutgers Cooperative Extension 4-H Program of Union County invites students to explore popular fields ranging from cooking, sewing, art, archery, robotics and more. Youth in 1st through 12th grade can join 4-H Clubs.

The majority of the clubs meet at Union County's' Colleen Fraser Building at 300 North Avenue, East in Westfield starting in October. 4-H Clubs are organized by age and topic. The members meet with an adult club leader on a monthly basis during the school year to plan activities and programs.

Each club emphasizes the ability of students to learn, organize, and communicate with activities appropriate for their age. For the school year 2024 – 2025, the clubs and their meeting times are listed below;

- Variety Club (different topics with crafts and show-and-tell), grades 1-3. 2nd Sunday; 4 to 5 p.m.
- Cooking Club (prepare deserts, main courses and more), grades 4-12. 1st Friday; 7:30 to 9:00 p.m.
- Community Service Club (plant trees, make sandwiches, teach younger youth), grades 8-12. 1st Sat; 1 to 3 p.m.
- Sewing Club (learn how to hand sew and use a machine), grades 6-12. 2nd Sat; 10 a.m. to 3 p.m.
- Lego Robotics Club (work with NXT kits and Spike) grades 4-7th; 1st Sat. ; 11 a.m. to 12:30 p.m.
- Craft Club (have fun with paints, fabrics and more) grades 4 – 12. 2nd Friday; 7:30 to 9 p.m.
- Engineering Club (make model cars, bridges, and learn about electric) grades 4-12; 3rd Sat.; 9:30 to 11 a.m.
- Archery Club (learn basics and more advanced techniques) grades 4-12; 1st and 3rd Sat, 2:00 to 3:30 p.m.
- Photography Club (learn basics of using a camera) grades 4-12; 3rd Sat; 1 to 3 p.m.
- Dungeons and Dragons (Learn how to play this popular game.) grades 4-12; 1st Sat.; 3:30 to 5:30 p.m.
- Garden Club (meets at greenhouse in Mountainside) grades 4-12; 1st and 3rd Sat.; 10 a.m. to noon.

Union County 4-H is run by the Rutgers Cooperative Extension of Union County and supported in part by the Union County Commissioner Board, with offices at 151 Grant St, Berkley Heights. The national 4-H youth program is the largest youth development program in the U.S. As a program of the U.S. Department of Agriculture, 4-H encourages students to develop expertise in a subject of their own choosing, and share their knowledge to benefit their community.

4-H Clubs run from October to June. To visit a club or for more details, please email James Nichnadowicz Union County 4H Youth Development Agent at jnichnadowicz@ucnj.org or call 908-654-9854 ext. 3.